

# MUSCULOSKELETAL SCREEN

*The musculoskeletal screen examination focuses on assessment of range of motion and evaluation of painful joints or soft tissue structure!*



## Who will complete my screening?

Corio Bay Health Group will complete a musculoskeletal screen for each of the 1<sup>st</sup> year BSA athletes each year. Ben Drenovac is the primary physiotherapist completing these screenings with Justin Edwards supporting.

## How do I make my booking?

Corio Bay Health Group staff have been advised that when a BSA athlete calls for a booking and identifies themselves as Barwon Sports Academy members, they will receive a discounted rate.

Please call (03) 5221 8822 explaining that you are a BSA athlete wanting to book a Musculoskeletal Screening session.

There are 6 x 2-hour periods with 10 spots available on each of the below dates.

Any returning BSA athletes can contact Ross Celano if they wish to complete screening again.

## What is the cost?

If you have private health insurance that your "gap" will be covered. No cost.

If you have no private health insurance, cost of \$30 will be charged. This is a significant discount and provides important information.

## What happens to my results after the screening?

Your results will be written up by the physiotherapist and provided to the BSA Program Coordinator. This will then be corresponded to your strength and conditioning coach who can make program adjustments to ensure any areas of need are catered to.

